

The Scholarship Report

SEPTEMBER 2024

for Ontario high school students

WAYS TO PAY FOR SCHOOL

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Welcome back, students! Although graduation is months away, it is never too soon to think about how you will pay for your postsecondary education.

The [average annual cost](#) of a postsecondary education for a university student living at home is \$9,300 while the average annual cost of a postsecondary education for a university student living away from home is close to \$20,000. Over four years, that is a lot to consider.

What are some of the ways you can pay for your education? Besides family assistance and personal savings, most students use a variety of resources to pay for their education.

Let's consider a few options below:



Ontario Student Assistance Program (OSAP) ([link](#)): In Ontario, you can apply for [OSAP](#) to help cover the costs of college and university. OSAP provides student loans and grants to supplement, not replace, your own resources. You must be a Canadian citizen, permanent resident, or protected person to receive OSAP. You can use OSAP to go to a private or public college or university anywhere in the world as long as it's been approved. The program offers grants (money you don't have to pay back) and loans. There is also additional funding for [under-represented learners](#) such as Indigenous students, First-generation students, students with disabilities, etc. In general, students are expected to contribute towards their educational costs. The contribution this year is [\\$3,600](#). A financial contribution may be expected from parents depending on their income and family situation.

Co-op programs (paid internship): Co-ops are a large source of financing for those who choose this option. Co-operative education is a program where students work in an industry related to their field. Most co-op programs are structured so that each term or semester of schooling is alternated with a term or semester of work. You make money while earning your degree which means you will graduate with less debt. To give you an example, co-op students at the University of Waterloo typically make between [\\$9,600 and \\$22,500 per four-month work term](#). A co-op

program may also lead to a job offer at the end of the term. If your program has a co-op option, you may want to consider this option.

Student line of credit: Many financial institutions such as banks, trust companies, and credit unions offer student lines of credit. The borrower is expected to make monthly interest payments as soon as the money is borrowed. In some cases where students still need financial assistance to cover the costs of education, banks and credit unions may be able to fill the gap.

Work-study programs: Most colleges and universities provide work-study programs. These programs offer a wide range of part-time jobs on campus to help students with financial need. Check out what's available at your school.

Scholarships: There are many types of scholarships for all types of students. Having good academic standing and community volunteerism is important for most scholarships and awards. For first-year students, many colleges and universities offer Entrance Scholarships. These scholarships are based on your admission average. They are automatically awarded – no application necessary. There will also be other scholarships offered at the school you will be attending next year. Be sure to check the school website for scholarship information and deadlines. Also, check with your employer, your parents'/guardians' employers, and unions where you or your parents may be a member. Let your Guidance Department know you are interested in scholarships. They can point you in the right direction. And be sure to always check the most recent issue of The Scholarship Report.

Bursaries: Bursaries are generally awarded based on financial need, although some applications do consider grades and community volunteerism as well. Both universities and colleges offer bursaries as well as scholarships.

Many students will have to use a variety of strategies to cover their education costs -- a combination of loans, grants, part-time and summer jobs, and scholarships and bursaries to help them pay for their education. There is one last option to consider: If your program is offered at your local university or college, live at home while you're studying. This would be sure to reduce the cost of going to school!

Best wishes for your Grade 12 year!

Financial Aid Terms You Need to Know



AWARD: An award may be granted in monetary or gift form. It is typically given in recognition of achievement or excellence.

BURSARY: A bursary is **FREE MONEY** based on individual financial need and may include a minimum expectation of academic achievement or other criteria such as community involvement. Students are generally required to apply for bursaries outlining their need for resources.

SCHOLARSHIP: A scholarship is **FREE MONEY** based on various criteria such as academic achievement, leadership, community involvement, or other earned merit, or a combination of these elements. Financial need may be a consideration as well. The scholarship usually reflects the values of the donor.

STUDENT GRANT: A Canada Student Grant is **FREE MONEY** from the government based on financial need. When you qualify for student financial assistance, you are automatically assessed for both Canada Student Loans (see below) and Canada Student Grants.

STUDENT LOAN: A Canada Student Loan is assessed based on financial need. It is money that must be repaid when you finish school. Interest is charged on the loan amount. In Ontario, if you qualify for a student loan, you can opt out of the loan and receive the grant only. Student grants and student loans are delivered through the [Ontario Student Assistance Program \(OSAP\)](#).



POSTSECONDARY FAIRS

UNIVERSITY

[ONTARIO UNIVERSITIES' FAIR \(OUF\)](#)

Learn about programs, campus life, and anything else that may help you decide which Ontario university to choose.

When: October 5-6, 9:30 a.m.-5 p.m. daily

Where: Metro Toronto Convention Centre (MTCC), South Building, 255 Front St. W.

[ONTARIO UNIVERSITIES' REGIONAL FAIRS](#)

Can't make the OUF? The Regional Fairs travel across the province.

Regions:

- Northwestern Ontario: September 16-19
- Northeastern Ontario: September 16-19
- Ottawa and Eastern Regions: September 23-26
- Southwestern Ontario: October 7-10
- Central Eastern Ontario: October 15-17

Confirm locations and dates before you go.

[ONTARIO UNIVERSITIES' INFORMATION SESSIONS](#)

Virtual university presentations and Q&A sessions.

- September 25, 5-7 p.m.
- November 21, 5-7 p.m.

! If interested in out-of-province schools, you must check the website of each individual school.

COLLEGE

[ONTARIO COLLEGE FAIR](#)

When: October 16, 5-9 p.m. and October 17, 9-2 p.m. See Information Sessions [HERE](#).

Where: Enercare Centre Hall B, Exhibition Place, 100 Princes' Blvd #1, Toronto

Aboriginal Post-Secondary Information Program (APSIP) In-Person Tours

APSIP will be touring across Ontario from September through December 2024 offering students the opportunity to connect with Indigenous recruiters and explore opportunities. Tour dates [here](#).



STUDY AND GO ABROAD FAIR

OTTAWA

When:

- [Fair](#): October 19, 1-5 p.m. Fair Exhibitors [here](#).
- [Seminars](#): 12-5 p.m.

Register [here](#).

Where: Ottawa Salon, Shaw Centre, 55 Colonel By Drive

TORONTO

When:

- [Fair](#): October 20, 1-5 p.m. Exhibitors [here](#).
- [Seminars](#): 12-5 p.m.

Register [here](#).

Where: Metro Toronto Convention Centre, North Building, Constitution Halls 105/106, 255 Front Street West

*Scholarships are offered by Exhibitors at the Fall 2024 Fairs. Click [here](#) for more information.

Studying in the U.S.?
[CollegeBoard](#) is a good place to start!



POSTSECONDARY EDUCATION RESOURCE LIST

- [*Ontario Universities' Info](#): A valuable resource for students pursuing university. (For a list of Ontario universities, click [here](#).)
- [ontariocolleges.ca](#) (For a list of colleges, click [here](#).)
- [Indigenous Institutes Consortium](#)
- [French-language colleges and universities](#)
- [Ontario's private postsecondary schools](#)
- [OSAP-approved schools](#)
- [Canadian Armed Forces](#)
- [Canadian Coast Guard College](#)

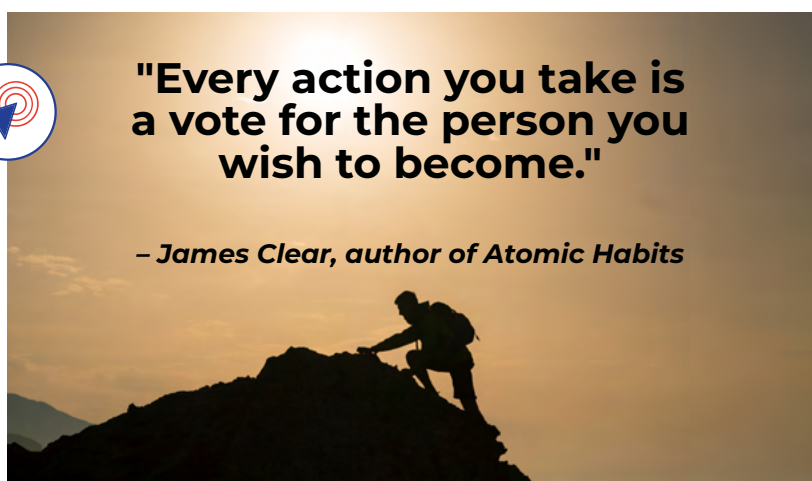
*Helpful Infographic: [Summary of Education Pathways in Ontario](#).

*Words/Terms you don't understand? Check out the Glossary [here](#).



**"Every action you take is
a vote for the person you
wish to become."**

– James Clear, author of Atomic Habits



FOLLOW US!



Seeking
Scholarships

The following documents will be available at your school
October 1:

- Fall College & University Open House Schedules
- Awards & Programs for Black Youth
- Awards & Programs for Indigenous Youth

Contact the Guidance Department for access.

SEPTEMBER-OCTOBER CHECKLIST FOR SENIOR STUDENTS

- ☑ Start exploring career options, e.g., See Career Planning [here](#). Take free career quizzes online [here](#).
- ☑ Meet with your guidance counselor to make sure you have taken or are taking all the necessary prerequisites for entry to programs you may be interested in.
- ☑ Open Houses at universities and colleges will be coming up soon—a great way to explore campuses.
- ☑ Attend the university/college presentations at your school/virtually. Ask about their financial aid packages.
- ☑ Attend the [Ontario Universities' Fair](#) and/or the [Ontario College Fair](#) if possible. Be sure to attend any Information Sessions that include topics such as how to pay for college/university.
- ☑ Stay active in community service and/or work part-time.
- ☑ Create a scholarship portfolio containing an up-to-date [résumé](#) and a list of your achievements, volunteerism, memberships, honors, leadership activities, awards, jobs, etc.
- ☑ Let your guidance counselor know that you are interested in scholarships. New scholarship information is sent to them regularly. Check your school's bulletin boards, Award binders, social media, etc., regularly for information on scholarships.
- ☑ Set aside an hour or two each week to search and apply for scholarships and bursaries. Begin by looking at the scholarships listed in this issue.
- ☑ Use a calendar or Scholarship Tracker (see [here](#)) to list scholarships by application deadline. Note the requirements of each, e.g., transcript, recommendation letter, essay, etc.

5 REASONS WHY YOU SHOULD ATTEND AN OPEN HOUSE

There are many universities and colleges that are opening their doors this fall to highlight their campus to prospective students (and families).

Here are 5 reasons you should consider attending an Open House, if possible:

1 To become familiar with the campus.

What looks good on paper may end up not being a good fit for you! Attending an Open House allows you to have an in-depth look at the campus: tour classrooms, residences, recreational facilities, etc. The environment where you hope to spend the next few years of your life matters – a lot!

2 To have an opportunity to ask questions.

Yes, you can call or email the university or college to have your questions answered, but most of us aren't going to do that. At an Open House, you can ask those questions – or questions that may come while touring the campus. Getting answers to your questions may help you in deciding which school to attend.

3 To learn more about a specific program of interest and courses offered.

Be sure to attend the academic/departamental information sessions of the program you're interested in. You can talk directly to faculty, staff, and current students from your program area.

4 To attend general information sessions.

At an Open House, presentations are held on many pertinent topics: student services (health and wellness, academic support, etc.), university life, career and co-op education, work-study programs, admission requirements, academics, residences, etc. You can find out how the school can support you.

5 To find out SPECIFICALLY about entrance scholarships, other scholarships, bursaries, and awards, and jobs on campus.

Attend the Financial Aid presentation or seminar. These are some of the questions you may want to ask:

- *Is financial aid available at your school?*
- *Where can I find out about scholarships and bursaries?*
- *Do I need to apply for them, or are they awarded automatically?*
- *How do I find out about part-time jobs on campus?*

If you are unable to attend an Open House, consider booking a tour of the campus at another time. There are universities and colleges that offer virtual (online) tours as well.

If you are attending an Open House, pre-register and plan your day to get the most out of it. As well, there may be giveaways offered and a chance to enter contests. Some universities even have a draw for free first-year tuition.

CAREERS

Learn about an occupation you are interested in by exploring Labour Market Information (LMI) on the Government of Canada's [Job Bank](#) page (under LMI), or on [Ontario's labour market](#) page. You can learn about the wages, job outlook, education and skills needed for different occupations.

🔗 The Ontario Learn and Stay Grant

Students will be eligible to receive full, upfront funding for tuition, books, and other direct educational costs in exchange for years of service in specific professions and specific priority communities. Eligible programs: nursing programs, medical laboratory technologist / medical laboratory science programs, or paramedic programs in parts of northern, eastern, and southwestern Ontario.



🔗 Paid Education with the Canadian Armed Forces (CAF)

To qualify for paid education, you must first [join the CAF](#). If you qualify for paid education, the CAF will pay 100% of your school fees. You will also receive a salary and benefits package that includes health, dental and vision. In exchange, you must complete a set number of years of service depending on the length of your program.



Interested in a career with the Canadian Coast Guard? Explore careers [here](#) and check out the [Canadian Coast Guard College](#).



🔗 Indigenous Leadership Opportunity Year (ILOY)

Canada

This program provides the opportunity to be enrolled at the Royal Military College of Canada (RMC) in Kingston, Ontario, for one academic year as an Officer Cadet in the Canadian Armed Forces (CAF). During this time, you will be paid at your rank level and receive free tuition and books. At the end of the academic year, you will be given the opportunity to apply to continue at RMC in a degree program as a member of the CAF, under the Regular Officer Training Plan (ROTP) or you can apply to become a Non-Commissioned member (NCM) of the CAF.

SPOTLIGHT:

LORAN SCHOLARS FOUNDATION: LORAN AWARD

Strength of character,
a deep commitment to service,
and sparks of exceptional
leadership potential.

- Offered in partnership with [25 Canadian universities](#), and renewable for up to four years, the Loran Award is valued at more than \$100,000 over four years of undergraduate study.
- Up to 54 \$6,000 one-time entrance awards (tenable for full time study at any accredited public university in Canada).
- Up to 70 \$3,000 one-time entrance awards (tenable for full time study at any accredited public university in Canada.)

36 students will be selected as Loran Scholars out of more than 5,000 applicants.

Eligibility:

- Entering university for the first time in September 2025.
- Present a minimum cumulative average of 85%.
- Hold Canadian citizenship or permanent resident status.
- Be born between January 1, 2003, and September 1, 2009.

Deadline: October 15 before 8 p.m.

Contact: info@loranscholar.ca.

UPCOMING: LORAN WEBINARS FOR STUDENTS & EDUCATORS

Attend the information [webinar](#) before applying. Includes time for a Q&A. Space is limited! If you cannot attend the webinar and would like a recording, email lisa.paul@loranscholar.ca.

A Guide: Applying for Scholarships

By Cianne Coutinho (she/her), 2024 Loran Scholar



Cianne Coutinho of Mississauga, and a graduate of Loyola Catholic Secondary School, is a first-year Life Sciences student at McMaster University and a [2024 Loran Scholar](#). Cianne is passionate about health care, equity, and music. She intends to pursue a career as a clinician-scientist aiming to improve accessibility to medical care in marginalized communities within Canada and across the world.

1 Start early! There are hundreds of scholarships available to high school students in Canada, but it is up to you to find them! Carve out a day in your schedule to sift through as many as you can. Platforms such as *The Scholarship Report*, social media pages, and any listed opportunities within your school will allow you to create a master list of all those you are eligible for. Be sure to mark in your calendar when each scholarship application opens and when it is due, so you do not miss out! This may seem like a tedious process, but it sets you up for success - especially as the school year gets busy and you find yourself having less time to dedicate solely to finding scholarships. In addition, creating a timeline of what is coming will allow you to start working on the applications themselves early on, giving you ample time to formulate responses that best reflect you!

2 Get to the bottom of it! In an application, it is easy to list your accomplishments in long answer questions but the more reflective your responses are, the better! Ask yourself “*What did I do? How did I spend my time? What did I accomplish?*” and “*Why did I do it?*” Highlighting your motivations and morals through personal stories and impactful experiences will surely help you stand out. The person reading your application wants to understand what drives you. As a result, ensuring that your passion is abundantly clear will allow them to see how you will continue to flourish after secondary school.

3 Do not compare! Eliminate the thought that the group or person awarding a scholarship wants the “best” person. What they truly want is to get to know you. You may see or hear what others are submitting for a similar scholarship, and get discouraged or criticize what you have already prepared. Be honest with who you are and stick with it - that will always matter most.

4 Don’t take any section for granted! Even the short questions such as the get-to-know-you sections or fun facts are important! Think of your application as a blank canvas, and paint as much of it as possible with your own colorful personality, unique experiences, and ideas!

5 Practice, practice, practice! Many of today's scholarships require in-person and virtual interviews, or even timed video submissions, where various types of questions are asked. Practicing vocalizing your thoughts with the intention of being concise and impactful can help your ideas flow the day of and alleviate interview stress (it’s real). Ask family members, friends, guidance counselors, teachers, or other trusted individuals to run mock interviews with you! Simply give them the description of the scholarship, and a copy of your application, while simulating the interview environment by sitting in a quiet room, for example. Feel free to search up common interview questions for them to ask you or analyze what you have written in your application to predict the types of questions that may be asked - try looking for themes in your application and how they relate to the criteria of the scholarship. Remember: no interview will be perfect. It is normal to feel nervous and the interviewer knows that too! Do your best to remain calm, keep a positive attitude, and let your personality shine through!

THREE SCHOLARSHIP MYTHS

MYTH #1

You must be a high academic achiever, have an amazing talent, or be a student athlete to win scholarships.

While it is true that certain attributes such as high academic achievement will put you in the running for more scholarships, there are many scholarships that reward volunteerism in the community, participation in clubs or sports, or leadership skills. There are all types of eligibility requirements. Scholarship committees decide who best meets the criteria, and it may not be the person who has the highest average.

MYTH #2

I won't win a scholarship because there is too much competition.

There is a lot of competition for scholarships with large award amounts. However, there are many more scholarships with smaller award amounts and a lot less competition — which means a better chance of winning. Small awards add up!

MYTH #3

Scholarships are only for students attending university.

Scholarships are offered to those intending to go to college as well as university. Don't count yourself out!



The University of Waterloo has some great tips for [High school success](#) including *How to tackle your 40 hours of community service*.

**This is not an endorsement of the University of Waterloo.*

SCHOLARSHIP TIP

Many scholarship sponsors are looking for innovative students.

Example 1: Consider a new initiative, e.g., Start a small business.

Example 2: Start a project or fundraiser.

Example 3: Create an awareness campaign on Instagram.

FIVE WAYS TO STRENGTHEN YOUR SCHOLARSHIP APPLICATION

Scholarships, bursaries, and awards can help to offset some of the costs of postsecondary education. Here are FIVE ways to increase your chances of receiving a scholarship, bursary, or award.

- ① **Good grades.** Work hard to obtain good grades. Be diligent in your studies. (Grade 11 students — your marks matter too!). Larger scholarships usually require a strong academic record. The smaller scholarships consider your grades, but they do not need to be exceptionally high. Many bursary applications do not specify specific grades as a requirement.
- ② **Volunteer.** Volunteer over and above the required forty hours Ontario students need to complete to receive their diploma. Get involved in something you are passionate about, and if possible, volunteer in areas that reflect the career you hope to pursue.
- ③ **Extracurricular activities.** Participate at school. Engage in one or two extracurricular activities in areas that interest you. Consider a lead or co-lead role.
- ④ **Part-time job.** If you can manage it, take on a part-time job. Maintaining your grades while working demonstrates responsibility, discipline, and good time management.
- ⑤ **Leadership** is an asset on applications for some of the larger awards. If you can, take a lead role in an activity at school, church, or wherever you are actively participating. What about starting a club at school or in the community? Not everyone is comfortable in leadership positions, however. If that describes you, try to engage in an extra-curricular program that fosters leadership skills.

Good grades, volunteerism, extracurricular activities, jobs, leadership — all will enhance your chances of being a scholarship recipient! Good luck with the year ahead!

Why would a university be interested in my Grade 11 grades?

Click [HERE](#) to find out.



GRADES 9, 10, 11 OPPORTUNITIES & AWARDS

4-H Ontario: Scholarships for 4-H Members

Bertram and Hazel Stewart 4-H Dairy Youth Education Award & Bursary (for current 4-H Dairy Club Members in Grades 9-11): One \$1,000 bursary.

Deadline: September 26, 5 p.m.

Inquiries: inquiries@4-hontario.ca.

Maple Leaf Junior Golf Tour (MJT): Herrendorf Family Foundation Scholarships

Five \$1,000 scholarships open to current MJT members who are in Grades 11, 12 or in first year post-secondary.

Deadline: September 30.

For full description, see section: [September deadlines](#).

Aboriginal Financial Officers Association of Canada (AFOA): Nutrien Indigenous Youth Financial Management Awards

Open to youth of Indigenous ancestry in Grades 11 and 12 pursuing postsecondary in areas of finance, management, commerce, accounting, or related fields.

For full description, see section: [Scholarships for Indigenous Youth](#).

Deadline: November 25.

Shad Canada

[ShadOnCampus](#) (live in residence) and [ShadAnywhere](#) (digital campus—Athabasca University). Open to Grades 10 and 11 students who are community-minded, creative, engaged, curious and want to make an impact in Canada and the world. [International baccalaureate](#) students can qualify for the creativity aspect of CAS through Shad participation. Shad is a month-long summer program focused on STEAM (science, technology, engineering, arts, and math) and entrepreneurship. Students stay in residence at one of twenty-five Canadian [universities](#). Click [here](#) for information on fees and financial support opportunities and ideas. Note: Several universities offer [exclusive scholarships and awards](#) to Shad alumni.

Deadline: December 1.

Inquiries: info@shad.ca.

The Bronfman Fellowship

You do not need to be a top student to be a Bronfman Fellow; innovative thinking and creativity are valued more than a high GPA. Every year, twenty-six intellectually curious North American teenagers are selected as Bronfman Fellows. The Fellowship begins with a free, immersive summer program in Israel and the U.S., and continues with monthly virtual experiences and a winter and spring seminar in the U.S.

Eligibility: The Bronfman Fellowship is open to high school students who are in the 11th Grade in the fall of 2024, who self-identify as Jewish, and who are from

the United States or Canada. The application consists of various short responses, short essays, a one-minute video, your school transcript, and recommendations with at least one from a teacher. See [Frequently Asked Questions](#). See the Application Roadmap [here](#). Apply [here](#).

Deadline: December 2.

Deadline for receipt of letters of recommendation and transcript: December 6.

Inquiries: help@bronfman.org.

Information Session: October 10, Thursday, 9 pm.

[Register here](#).

Q&A Session: November 12, Tuesday, 8 pm. [Register here](#).

LOOKING TO LEARN NEW SKILLS?

RBC Future Launch Scholarships

How is this scholarship different?

- It is for Canadian youth (ages 15-29) not in school or students studying only part-time.
- Grades/transcripts are not required to apply.
- It is open to diverse learning opportunities including short-term courses, workshops, certificates, part-time studies, online training etc.
- Each scholarship is valued at \$1,500 and funds can be used for tuition as well as for books, tools, travel, lodging, and other expenses related to the learning opportunity. 400 scholarships are awarded annually.

French for the Future National Essay Contest

Open to students in Grades 10-12 who are registered in a French program.

Amount: 98 \$1,000 to \$20,000 awards.

Deadline: December 15 in 2023.

For full description, see section: *December Deadlines*.



GOVERNMENT OF ONTARIO AWARDS FOR ALL HIGH SCHOOLS STUDENTS

Ontario Heritage Trust Awards (TWO AWARDS)



Nomination required.

*Note: The criteria for the Lieutenant Governor's Ontario Heritage Award for Youth Achievement and Young Heritage Leaders are the same.

What is the difference between the Young Heritage Leaders program and the Lieutenant Governor's Ontario Heritage Award for Youth Achievement?

The Lieutenant Governor's Ontario Heritage Award for Youth Achievement is awarded to the top individual and top groups nominated for the award. The Young Heritage Leaders program recognizes young volunteers who have also made important contributions to conserving Ontario's heritage. Nominees to the Lieutenant Governor's Award who do not receive the award can be recognized through Young Heritage Leaders.

[Lieutenant Governor's Ontario Heritage Award for Youth Achievement](#)

Open to residents of Ontario age 24 and under. This award recognizes the most exceptional individuals and groups that have contributed to conserving Ontario's cultural and/or natural heritage. Individual nominees are also eligible for the Young Heritage Leaders Scholarship, a \$3,500 scholarship for post-secondary education. Be sure

to select both options on the nomination form.

Eligibility: The applicant must have made exceptional volunteer contributions to heritage conservation. They have demonstrated leadership, commitment, creativity, positive impact on the community, region, or province, and good conservation practices. *Nominators can include local, regional, or provincial youth or heritage organizations; university and college registrars and / or department heads; school principals; conservation authorities; municipal, regional or First Nations band councils, or Métis community councils; Ontario Heritage Trust staff.

Deadline: October 11.

Ontario Volunteer Service Awards



Nomination required.

Organizations that have been in existence for a minimum of five years may submit a nomination. This award recognizes volunteers for providing committed and dedicated service to an organization. Youth (24 years old and under) are recognized for two or more years of continuous service. The nominee must be a resident and volunteer in Ontario.

Award: Recipients receive a personalized certificate and lapel pin acknowledging their years of service at a local award recognition ceremony.

Deadline: November 15.

UPCOMING ONTARIO UNIVERSITY AWARD DEADLINES

University of Toronto: The National Scholarship

Students who have been **nominated** by their schools as National Book Award recipients may submit applications to the National Scholarship Program. Schools can nominate one student per year. Schools are encouraged to nominate the student that best exemplifies the qualities of the National Book Award. Note: Canadian high schools that have previously participated in the National Book Award program are contacted annually by email by mid-September with a nomination form. If you are a student, please contact your guidance counsellor to ask if you may be considered and/or for additional information. If you are a school official who would like to participate, please contact national.enquiry@utoronto.ca.

- The National Scholarship covers tuition, incidental and residence fees for up to four years of study. Finalists not designated as National Scholars receive Arbor Scholarships at a value of \$7,500 in the first year and \$1,500 per year for three additional years of undergraduate study. Approximately fifteen students are selected as National Scholars (winners) and ten are

named Arbor Scholars (runners-up). The scholarship is tenable only at the University of Toronto.

- The scholarship rewards original, creative, and committed Canadian secondary school students. These are students who demonstrate superior academic performance, original and creative thought, and exceptional achievement in a broad context. They excel in academic pursuits, demonstrate enthusiasm for intellectual exploration and have a strong involvement in the lives of their schools and communities. They must be a National Book Award nominee.

The deadline for schools to submit a Book Award nomination is October 10.

The deadline for nominees to apply for the National Scholarship is October 17.

TIP:
Most of the university major award deadlines are in the spring.



University of Toronto: The Lester B. Pearson International Student Scholarships

Nomination required.

To become a Pearson Scholar, you must be **nominated** by your school and apply to undergraduate studies at the University of Toronto. Ask your school guidance counsellor about being nominated. The Lester B. Pearson International Scholarships will cover tuition, books, incidental fees, and full residence support for four years. The scholarship is tenable only at the University of Toronto. Each year approximately thirty-seven students will be named Lester B. Pearson Scholars. Pearson scholarships recognize outstanding students from around the world, including international students studying at Canadian high schools. This is U of T's most prestigious and competitive scholarship for international students. Pearson Scholars can be distinguished from other students who may have equally high academic results by virtue of their breadth of interest, intellectual energy, and impact on the life of their school and community.

- To be eligible to apply, you must be an international student, i.e., a non-Canadian requiring a study permit; currently in your final year of secondary school or have graduated no earlier than June 2024; and beginning your studies at the University of Toronto in September 2025. You will be considered for the Pearson Scholarship for your first choice of program at U of T. You may apply for several programs and may receive admission to them all; however, the Pearson Scholarship, if awarded to you, would be restricted to your first choice of program at U of T at the time the scholarship decisions are made.

The deadline for schools to submit a nomination is October 11.

The student OUAC application deadline is October 18.

The deadline for nominees to apply for the Pearson Scholarship is November 8.

Inquiries: pearson.scholarship@utoronto.ca.

Queen's University Major Admission Awards (MAA)

Students who demonstrate superior academic ability, creative and original thinking, involvement in school or community activities, and proven leadership can apply for a Queen's MAA. Financial need is also a consideration for some of the Awards. Note: To be considered for the *Chancellor's Scholarship*, the applicant must receive a nomination from the high school where they most recently attended full-time study. The number of nominations per high school is based on graduating class size: Less than 250: One nominee. 250-499: Up to two nominees. 500 or greater: Up to three nominees.

- The MAAs (\$48,000-\$72,000) are available to Canadian citizens and permanent residents of Canada. You may attend high school in Canada or internationally. Students taking a gap year can still

apply for the major admission awards.

- Apply for admission to Queen's via the [Ontario Universities Application Centre \(OUAC\)](#) no later than **November 20** to ensure that you gain access to Queen's [Solus Student Centre](#) to submit your MAA application by December 8. It takes 4-6 business days to receive your SOLUS login from the date you applied to Queen's University.

The deadline to submit the Major Admission Award Application on SOLUS is December 8.

Inquiries: admission@queensu.ca.

University of Guelph

U of G's Top Scholarships are worth \$42,500 each. You must be a Canadian citizen or a permanent resident of Canada to be eligible to apply.

[The President's Scholarship](#) recognize students entering a degree program with a minimum 90% admission average who have made significant leadership and innovative contributions to their schools and/or communities and demonstrate the potential to become a leader in society. Seven awards.

[The Lincoln Alexander Chancellor's Scholarships](#) recognize students entering a degree program with a minimum 90% admission average who have made significant leadership and innovative contributions to their schools and communities and demonstrate the potential to become a leader in society. In addition, students must be: Indigenous (First Nations, Inuit and Métis); or a person with a disability; or a person of colour/racialized person. Two awards.

The application deadline for both scholarships is January 27.

SCHOLARSHIPS FOR INDIGENOUS YOUTH

TD Scholarship for Indigenous Peoples

Open to First Nation, Metis and Inuit who are members / citizens of a First Nation, Metis or Inuit community. Applicants must be permanent residents of Canada.

Eligibility: Applicants must have applied for a full-time minimum two-year program with an approved post-secondary institution for the next year of study; or are enrolled in, or accepted to, a full-time minimum two-year program with an approved post-secondary institution for the next year of study.

Award: Twenty-five scholarships up to \$60,000 over four years.

Deadline: November 6 in 2023.

Inquiries: spolches@afoa.ca.

Aboriginal Financial Officers Association of Canada (AFOA): Nutrien Indigenous Youth Financial Management Awards

Open to youth of Indigenous ancestry in Grades 11 and 12 pursuing postsecondary in areas of finance, management, commerce, accounting, or related fields.

Eligibility: The applicant must be academically successful. **Required:** Proof of Indigenous ancestry; essay (maximum 1500 words); two letters of recommendation from a teacher, guidance counsellor, etc; transcript.

Award: Three recipients will receive a five-year scholarship package valued at over \$5,000; complimentary travel to the next AFOA National Conference in Halifax, NS, in February 2025; prize package valued at \$200.

Deadline: November 25.

Inquiries: youthawards@afoa.ca.

University of Guelph

The Lincoln Alexander Chancellor's Scholarships: Two scholarships worth \$42,500 each. To be eligible to apply, students must be: Indigenous (First Nations, Inuit and Métis); or a person with a disability; or a person of colour/racialized person.

Deadline: January 27.

For full description, see section: [Upcoming Ontario University Award Deadlines](#).

SCHOLARSHIPS FOR BLACK YOUTH

(O) Coalition of Black Trade Unionists (CBTU) Ontario Canada Chapter's Ann Newman Scholarship

Open to a member, child, grandchild, or family member of a CBTU member in good standing, or a youth in the Black community.

Eligibility: The applicant must have graduated or will be graduating from high school or an equivalent program, and who will be or is attending a Canadian recognized postsecondary institution such as a college, trade school, or university. The application requires a 500-word essay.

Award: One \$1,000 scholarship. If two applicants are equally qualified, two \$500 scholarships will be awarded.

Deadline: October 25, 5 p.m. (last Friday in October).

Check the website for updates.

Inquiries: andreamccormack60@yahoo.ca.

University of Guelph

The Lincoln Alexander Chancellor's Scholarships: Two scholarships worth \$42,500 each. To be eligible to apply, students must be: Indigenous (First Nations, Inuit and Métis); or a person with a disability; or a person of colour/racialized person.

Deadline: January 27.

For full description, see section: [Upcoming Ontario University Award Deadlines](#).

SCHOLARSHIPS

NOTES:

Scholarships are in order of application deadline.

Scholarships that require a nomination are tagged as such.

Scholarships with an (O) beside them are for Ontario students only.

TBA = To Be Announced.

Continue to check the websites for the most current information.

SEPTEMBER DEADLINES

James Lee Foundation (JLF) Scholarship

Open to Canadian residents over the age of 16 who are entering the advertising industry. Canadian citizen or permanent resident.

Eligibility: Entrants must be non-professional Canadian residents over the age of 16 who are either in the process of graduating or continuing their education.

Required: A portfolio with a maximum of ten pieces is required. Contact information and a paragraph (max. 1000 characters) explaining how the funds would help you to pursue your creative path is also required.

Amount: \$5,000.

Number of awards: Varies.

Application deadline: September 15.

Contact: info@jamesleefoundation.com.

Maple Leaf Junior Golf Tour (MJT): Herrendorf Family Foundation Scholarships

Open to current MJT members who are in Grades 11, 12 or in first year post-secondary. Canadian citizen or permanent resident.

Eligibility: Applicants must demonstrate exemplary athletic, educational and personal achievements.

Required: The applicant must submit the [MJT Scholarship Application Form](#) and a short video (no longer than two minutes) answering the three prescribed questions. A current transcript is also required.

Amount: \$1,000.

Number of awards: 5.

Deadline: September 30.

Contact: info@maplejt.com.

OCTOBER DEADLINES

AES Engineering Scholarships

Open to high school seniors who will be attending university. Canadian citizens or permanent residents or U.S. citizens.

Eligibility: The scholarship will be awarded based on character, as determined by an evaluation of the essays that are submitted. Applicants are not required to take Engineering courses to be eligible.

Required: An essay of between 500 and 1000 words in answer to the prescribed question is required. (Include your full name as well as the name of the school you are attending this year and your plans for next year.). Essays are to be submitted to: scholarships@aesengineers.com.

Amount: \$500.

Number of awards: Varies.

Deadline: October 8.

Loran Scholars Foundation: Loran Award

More than thirty-six \$100,000 awards.

Deadline: October 11 before 8 p.m. in 2024.

For full description, see our [Spotlight section](#): *The Loran Award*.

NOVEMBER DEADLINES

TD Scholarships for Community Leadership

Open to students in Grade 12 pursuing college or university. Canadian citizens, permanent resident status, or protected person status under the Canadian Immigration and Refugee Protection Act.

Eligibility: Applicants must have demonstrated community leadership.

Required: The applicant must submit an application, an academic transcript, a 600-word essay, a letter of recommendation from their school and two letters of support from community groups.

Minimum grade: 75%.

Amount: \$70,000 over four years for tuition and living expenses.

Number of awards: 20.

Deadline: November 13.

OSSTF (Ontario Secondary School Teachers' Federation)/FEESO: Student Achievement Awards in Honour of Marion Drysdale

Open to all public secondary school students in Ontario. The Student Achievement Awards is a writing and creative arts competition and is meant to encourage the intellectual development of students and an interest in society.

Required: An entry form, a staff Member endorsement letter and an original piece of writing, work of art or

digital media that explores the year's theme are required. These must be submitted to your sponsoring teacher or education worker.

Amount: \$1,000.

Number of awards: 8.

Deadline: The school must select one entry per category (eight categories) to submit to their local OSSTF/FEESO District office no later than November 15.

Contact: tracey.marshall@osstf.ca.

DECEMBER DEADLINES

Terry Fox Humanitarian Award

Open to students graduating from secondary school or students who have completed secondary school who are planning to study, or already studying, towards their first university degree or diploma at a Canadian post-secondary institution. Canadian citizens or landed immigrants.

Eligibility: The applicant must be involved in voluntary humanitarian activities (for which they have not been compensated). The award is granted based on the recipient's demonstrated dedication to the humanitarian ideals of Terry Fox. Participation in sport, fitness and academic standing is also taken into consideration.

Minimum grade: In good academic standing.

Required: The application, three referees and an (un)official transcript detailing the applicant's last two years of schooling are required.

Amount: \$28,000 dispersed over four years and issued directly to the institution each year in two installments of \$3,500, one in September and one in January.

Number of awards: Up to 20.

Deadline: December 1.

Inquiries: info@terryfoxawards.ca.

Burger King Scholars Program

Various scholarships open to employees, and/or dependent children of employees and/or students graduating from Grade 12 or graduating from homeschool education and pursuing studies at an accredited college, university and/or vocational-technical school.

Eligibility: Various eligibility requirements. The selection criteria includes academic achievements, participation in school/community activities, work experience and financial need. Applicant submissions will be capped at 50,000.

Required: The application and a current high school or college transcript of grades are required. Grade reports are not accepted. Unofficial or online transcripts must display student name, school name, grades and credit hours for each course and term the course was taken.

Minimum grade: Varies.

Amount: \$1,000 to \$60,000 (U.S. currency).

Number of awards: Varies.

Deadline: December 15.

Inquiries: burgerkingscholars@scholarshipamerica.org.

🔗 French for the Future National Essay Contest

Open to students in Grades 10-12 who are registered in a French program. Students who took a gap year after their high school graduation and were never registered in a post-secondary institution may be eligible to participate in the Contest. Canadian citizens, permanent residents or a person who has been granted refugee status.

Required: An entry Form and a 750-word essay in French on the current year's theme are required. Essays are evaluated in two separate categories: French Second Language (FSL) and French First Language (FFL). Indicate on the entry form which of the two categories you best fit. FAQ [here](#). Rules and Regulations are found [here](#).

Amount: \$1,000 to \$20,000.

Number of awards: 98 prizes each consisting of a scholarship to one of the following post-secondary institutions: University of Ottawa, Glendon Campus of York University, l'Université Sainte-Anne, l'Université de Montréal, l'Université de Moncton, l'Université de l'Ontario français, l'Université de Saint-Boniface, the University of British Columbia, Campus Saint-Jean of the University of Alberta, l'Université de Hearst, Simon Fraser University, le Collège Boréal, the French Language Centre of the University of Lethbridge, La Cité universitaire francophone of the University of Regina, le Collège de l'Île.

Deadline: December 15 in 2023.

Inquiries: info@francais-avenir.org.

🔗 Nordiq Canada Ski to School Scholarship

Open to applicants who will be attending a Canadian post-secondary, university or college educational institute as a full-time student in the next academic year. Individuals attending on a part-time basis may be considered.

Eligibility: This scholarship is to be awarded to an individual who combines excellence in both academics and cross-country skiing. The applicant must be a licensed racer and member of a ski club in Canada. They must have demonstrated national level potential in cross country skiing.

Required: A letter of 500 words or less outlining why they should be considered a candidate for the scholarship, a summary of racing experience and results, information concerning other prizes, scholarships or awards won in any endeavor, an academic transcript and a reference letter from their coach and/or local club are required.

Minimum grade: 80% (B+).

Amount: \$500.

Number of awards: 1.

Deadline: December 15 in 2023.

Contact: info@nordiqcanada.ca.

*Search for the 2024 application in the search bar.

🔗 International Alliance of Theatrical Stage Employees (IATSE): Walsh/Di Tolla/Spivak Scholarship

Open to the child (a high school senior) of a member in good standing of the IATSE who has applied or is about to apply for admission to an accredited college or university leading to a bachelor's degree. Canadian citizen or permanent resident.

Required: The application, an official high school transcript, recommendation letter(s) from a teacher, counselor, volunteer institution or clergyman, and a list of extracurricular activities, including roles and duties, e.g., a resume, are required.

Amount: \$10,000 over four years.

Number of awards: 10.

Deadline: Postmarked by December 31. The ancillary documents may be sent in by the first week of March the following year. Please note that the application must be mailed in.

Inquiries: Click [here](#).

🔗 SOS Safety Scholarship

Open to legal residents of Canada and U.S. ages 13-19 who plan to apply to a Canadian post-secondary after graduating high school.

Required: The entry form and an essay, action plan or resource guide that outlines prevention of the social issues, e.g., Bullying, Suicide, Gang/Youth Violence, Drug Addiction, and so on, covered in the SOS Safety magazine are required. Submissions may be either written (maximum 1500 words, double spaced with numbered pages, typewritten) or in the form of a short video (maximum ten minutes). See the [Official Rules and Regulations](#).

Amount: \$5,000.

Number of awards: 1.

Deadline: All entries must be received by December 31.

Inquiries: Click [here](#) for contact information.



OPPORTUNITIES

🔗 French for the Future: United Bilingual Correspondent

Open to students in Grades 7-12 who want to meet bilingual Canadians from other provinces, enhance their language skills, or learn more about Canadian diversity. Once you apply, you will be matched with another student. In applying, you agree to remain in contact with your correspondent until the end of the school year through any method of communication (social media, email, Skype, etc.) which you will determine together. You will receive an email each month from French for the Future with a list of themes to discuss. The communication will be solely in French, but it can be written and/or oral. *You don't have to be an expert in French to become a Bilingual Correspondent!*

Deadline: September 30.

Inquiries: programmes@francais-avenir.org.

Other programs [here](#).

🔗 (Government of Canada) Employment and Social Development Canada Enabling Accessibility Fund (EAF): Youth Accessibility Leader

The EAF is currently looking for youth (15-30) who want to demonstrate leadership and commitment to their communities. They must be legally authorized to work in Canada and either a Canadian citizen, permanent resident or individual who has been granted refugee status in Canada. This is a unique opportunity for young leaders to make a difference in the lives of people with disabilities by addressing accessibility barriers in public spaces or workplaces. Applicants work with local organizations to develop solutions.

Deadline: October 4, 3 p.m.

Inquiries: EDSC.JEUNESSEFA-YOUTHEAF.ESDC-GD@servicecanada.gc.ca

*See the Information Session dates in September if you are interested in applying.

🔗 (O) Model Parliament for High School Students

The High School Model Parliament program at the Legislative Assembly of Ontario in Toronto is designed for civic-minded Ontario students who are interested in current events and provincial issues.

Eligibility: Students must attend Grades 10-12 at the time of the program; attend school in Ontario; provide one letter of recommendation written by a teacher, principal, vice principal, or guidance counselor to support their application. See [Eligibility and Selection Criteria](#) and [Frequently Asked Questions](#). The program includes a virtual component starting in November leading up to the onsite three-day component on February 19-21 in

Toronto. It is the responsibility of each student attending the Model Parliament Program to find accommodation while in Toronto.

Deadline: October 6.

Inquiries: modelparliament@ola.org.

🔗 (O) Legislative Assembly of Ontario: Youth Arts Program

Each year, youth ages 12-18 are invited to display their works of art throughout the Legislative Building. Artwork can fall under a wide range of media, including but not limited to painting, drawing, photography, glasswork, ceramics, textiles, sculpture, and mixed media. Teachers/instructors can apply on behalf of their class, or individual young artists can apply on their own. Schools/organizations can submit up to five pieces for display, and individual artists can submit one piece.

Deadline: October 15.

Inquiries: youtharts@ola.org.

🔗 The NCWIT (National Center for Women & Information Technology): Aspirations in Computing High School Award (Canada)

Open to Canadian high school students in Grades 9-12 who self-identify as women, genderqueer, or non-binary. They must be a Canadian citizen or permanent resident and have a Canadian Tax Identification or Social Insurance Number. Award recipients are selected based on their aptitude and aspirations in technology and computing, as demonstrated by their computing experience, computing-related activities, leadership experience, tenacity in the face of barriers to access, and plans for post-secondary education.

Deadline: October 29.

*Canadian Educator Award: Any educator (formal or informal), counselor, administrator, mentor, or other influencer who supports the computing-related passions of 9th-12th Grade women, genderqueer, or non-binary students is welcome to apply if they meet the criteria [here](#).

🔗 House of Commons Page Program

The Page Program is open to forty students graduating from high schools across Ontario. These students must be starting fulltime or part-time studies in September 2025 at one of [the eligible post-secondary institutions in the national capital region](#). The applicant must be a Canadian citizen or a permanent resident. They must be able to orally communicate fluently in both official languages. More eligibility requirements are listed [here](#). Successful applicants go to Ottawa to work as Pages in the House of Commons. Pages are expected to work a minimum of fifteen hours per week during the period when the House is sitting. They must also be available for duty when the House is not sitting or if the House goes into extended hours. Pages are [paid](#) \$18,400 over a twelve-month period as well as a sum of \$1,200 paid at the end

of the employment period. Pages who come from outside the National Capital Region usually obtain rooms in the university residences. *The Page Program is committed to having a skilled, diversified workforce reflective of Canadian society and to ensuring the equitable representation of women, Indigenous peoples, members of visible minority groups, and persons with disabilities. Members of these [designated groups](#) are encouraged to self-identify when they apply to the program. See [Frequently Asked Questions](#).*

Deadline: November 8 in 2023.

Inquiries: Click [here](#) for contact information or email pageprog@parl.gc.ca.

Shad Canada

Open to Grades 10 and 11 students.

Deadline: December 1.

For a full description, see the section: [Grades 9-11 Opportunities & Awards](#).

The Bronfman Fellowship

Open to Grade 11 students.

Deadline: December 4.

For a full description, see the section: [Grades 9-11 Opportunities & Awards](#).

Vimy Inspires Tomorrow

“History education meets leadership education.”

Open to youth ages 13-17 to develop and utilize their leadership skills. Youth can submit an idea for a project that benefits their community to be eligible for history- and project-based leadership training and a \$2,500 project grant. Three grants available.

Deadline: December 11 in 2023.

Inquiries: programs@vimyfoundation.ca.

The Vimy Pilgrimage Award (VPA)

The program consists of a fully funded week-long educational program in Belgium and France to study Canada’s First World War contributions within the context of a global conflict. The application will include contact information, essay components, your letter of reference and your resume. VPA recipients demonstrate an outstanding commitment to their communities through positive contributions, volunteering, or notable deeds that benefit their peers, family, school, town, province, or country.

Deadline: December 18 in 2023.

Inquiries: programs@vimyfoundation.ca.

OTHER

Canada Service Corps: Ships2Shores

Ships2Shores’ goal is to reduce barriers to sail training enabling youth to experience the many benefits associated with sailing experience such as pre-employment training, teamwork, resiliency, confidence and caring for oneself and each other. Participants aged 12 to 30 come from diverse under-represented communities. See other programs [here](#).

Duke of Edinburgh’s International Award (Canada)

A global non-formal education and learning framework which recognizes and celebrates young people’s achievements outside of the classroom. The Award encourages young people to spend time volunteering in their community. The Award is available to young people (14-24 years old) and is the world’s leading youth achievement award. It is a non-competitive program designed to encourage young people to develop positive skills and lifestyle habits, broaden interests and experiences in a wide range of cultural, adventurous, and practical activities. The Award concept is one of individual challenge. It equips young people for life regardless of their background, culture, physical ability, skills, and interests. More about the Award [here](#). Principles of the Award [here](#). To find out how the award works, click [here](#).

Inquiries: Click [here](#) for contact information.

ER (Earth Rangers) Teens

Are you looking for ways to earn your volunteer hours? ER Teens, a volunteer program for youth aged 13-18, gives teens the opportunity to design an environmental stewardship project in their community with support from an Earth Rangers mentor.

Experiences Canada: Youth Opportunities

Links to development opportunities, volunteering and mentorship, community service grants and youth grants, conferences and forums, and employment and job opportunities.

Plan International Youth Opportunities

Plan International Canada works with young people between the ages of 14 and 24 to lead positive change for children’s rights and equality for girls. They offer programs for Canadian youth to learn about global issues and build leadership skills.

🔗 Rotary Youth Programs

“Build leadership skills, expand education and learn the value of service.” Check out the [Rotary Youth Leadership Awards \(RYLA\)](#) open to participants ages 14-30. RYLA participants are nominated by local Rotary clubs. [Contact your local Rotary club](#) to find out more about RYLA events in your area, how to apply, and any costs of getting involved.

AWARDS

🔗 (O) 4-H Ontario: The Justin Parish Memorial Bursary

Nomination required.

The Justin Parish Memorial Bursary is open to 4-H Dairy Club Members who have never attended the Royal Agricultural Winter Fair (RAWF). 4-H Dairy Club leaders must submit a one-page nomination letter via email to giving@4-hontario.ca with the subject line “Justin Parish Memorial Bursary” for a member to be considered.

Award: \$1,000.

Deadline: September 27.

🔗 (O) Ontario Heritage Trust: Lieutenant Governor's Ontario Heritage Award for Youth Achievement

Deadline: October 11.

For a full description, see section: [Government of Ontario Awards](#).

🔗 The Starfish Canada's Top 25 Environmentalists Under 25

Nomination (or self-nomination) required.

Open to those who have made a significant contribution to environmental education and awareness in their respective communities. Judges will score each nomination in five categories: Integration of work into the surrounding community; experience(s) relevant to the applicant's age; conveys passion, effort, and engagement for environmentalism; creativity and uniqueness of their contribution; and overall positive impact of their work on the community. Follow [The Starfish Canada Facebook page](#) for up-to-date information. *We encourage individuals from under-represented groups to apply.*

Deadline: November 1 in 2023.

Inquiries: top25@thestarfish.ca.

🔗 (O) Ontario Volunteer Service Awards

Deadline: November 15.

For a full description, see section: [Government of Ontario Awards](#).

COMPETITIONS

🔗 Canadian Young Speakers for Agriculture Competition

Open to two age groups: Junior (11 to 15) and Senior (16 to 24). The contestants prepare a 5- to 7-minute speech on any topic related to Agriculture, Aquaculture, Food Science or Food Security within a Canadian context and present it at the Royal Agricultural Winter Fair in Toronto on November 4 where finalists will be judged live. There is a \$20-\$40 entry fee. Visit the [Competition Rules](#) page for more details.

Prizes: Prizes range from \$75-\$350.

Deadline: September 30 in 2023.

Inquiries: Click [here](#) for contact information.

🔗 Royal Canadian Legion National Youth Remembrance Contests

Canadian youth and children honour Canada's Veterans and foster the tradition of Remembrance through visual art, writing, and video. The contests include multiple levels of competition. Cash prizes.

- **Poster Contest and Rabbi Bulka Literary Contest:** Participants compete first at the Legion Branch local level with winning entries moving forward until they reach the provincial level. All entries are to be submitted to the local [Legion Branch](#). Deadline varies by location. Please contact the Legion Branch nearest you for their specific deadline date for entries.
- **Video Contest:** Participants compete first at the Legion Command provincial level. Deadline: December 15.

Provincial finalists of all contests then move forward for final judging by the Legion National Foundation to determine the national winners.



TRAVEL & EXCHANGE PROGRAMS

🔗 Canada Sports Friendship Exchange Program (CSFEP)

Reciprocal in-person cultural group exchanges for youth between the ages of 12-17. The CSFEP exchanges are aimed at promoting friendship, respect and a better understanding and appreciation of each other's language, culture, and Canadian heritage. The CSFEP also aims at involving youth exchanges with participants from all walks of life, *and encourages underrepresented youth groups, such as youth with disabilities and special needs, visible minorities, and Aboriginal youths to apply.* Where local community resources are not available, additional financial support may be requested to ensure accessibility. The group is comprised of a minimum of ten youth participants with one chaperone. Participants must be from a school related group; sport team; or a youth group affiliated with a recognized community organization.

🔗 Experiences Canada Youth Exchanges

Experiences Canada offers youth exchanges for participants ages 12-18 years old with groups of ten to thirty young people, and they will cover your travel expenses! Various themes are available including language, sports, music, and history. These reciprocal exchanges offer life-changing experiences that enable young Canadians to build personal skills and self-confidence; form new friendships; deepen their knowledge of a second language, of other histories and cultures; and inspire them to become more actively engaged in their communities.

🔗 Outward Bound Canada (OBC)

OBC "empowers youth to discover their inner strength, build resilience, and take charge of their destinies. Our outdoor education programs are much more than just learning the technical skills of canoeing, kayaking or backpacking. They're experiential adventures, immersed in nature and away from screens, designed for lasting impact that help young people discover their potential."

Inquiries: admissions@outwardbound.ca.

